



NATIONAL  
AMATEUR  
BODY  
BUILDERS  
ASSOCIATION



SECRETARIAAT:

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**Uitslag Bench Press Maximum Reps 2015**  
**Résultats Bench Press Maximum Reps 2015**

**Diksmuide 26/04/2015**

Reeks:	Naam:	Club:	L.G.	Gewicht	Reps:
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**Dames Seniors**

1	Jun 23-23	Dhulster Leen	Powerclub Diksmuide	79,10	40,00	25
2	Seniors	Coussee Evelyne	Powerclub Diksmuide	91,40	47,50	0

**Heren-Hommes Juniors 16-23 jaar-ans**

1	Jun 16-17 jaar	Tolga Ahmed	Pat's Activity Center Bazel	87,00	87,50	19
2	Jun 18-19 jaar	Fardin Faizi	Pat's Activity Center Bazel	78,50	80,00	17
3	Jun 20-23 jaar	Migom Nathan	Powerclub Diksmuide	85,40	87,50	14
4	Jun 16-17 jaar	Debaillie Tibo	Powerclub Diksmuide	109,40	110,00	11

**Heren-Hommes Seniors**

1	Seniors	Roels Tom	Sanitas Sport Wichelen	68,20	70,00	28
2	Seniors	Bethuyne Jeroen	Powerclub Diksmuide	77,70	80,00	24
3	Seniors	De Smet Samuel	Gym Ysebaert Geraardsbergen	67,40	67,50	17
4	Seniors	Bakeland Benony	Powerclub Diksmuide	81,50	82,50	15
5	Seniors	Derycke Frederik	Powerclub Diksmuide	88,30	90,00	8

**Heren-Hommes Veteranen-Vétérans 40-74 jaar-ans**

1	vet 40-44	Boland Darren	Sanitas Sport Wichelen	64,90	65,00	18
2	Vet 50-54	Gheldof Marcel	Sanitas Sport Wichelen	106,70	107,50	12

**Heren-Hommes Internationalen-Internationaux**

1	Inters	Van Den Abbeele Tim	Sanitas Sport Wichelen	64,20	65	18+17
2	Int. Vet 45-49	Bakeland Anthony	Powerclub Diksmuide	102,50	102,5	18+4