



NATIONAL
AMATEUR
BODY
BUILDERS
ASSOCIATION



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Uitslag Bench Press Maximum Reps 2016
Résultats Bench Press Maximum Reps 2016

Diksmuide 17/04/2016

Reeks:	Naam:	Club:	L.G.	Gewicht	Reps:
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Dames Juniors 18 tot en met 23 jaar

1	Jun 20-23	Dhulster Leen	Powerclub Diksmuide	78,70	40,00	28
2	Jun 18-19	Declercq Xena	Powerclub Diksmuide	84,10	42,50	21
3	Jun 18-19	Cappelle Ina	Powerclub Diksmuide	73,70	37,50	18

Dames Seniors

1	Seniors	Logier Reinilde	Powerclub Diksmuide	54,50	27,50	55
2	Seniors	Van Lingen Anneke	Pat's Activity Center Bazel	72,50	37,50	38
3	Vet 50-59	Timmermans Annie	Powerclub Diksmuide	58,70	30,00	10

Heren-Hommes Juniors 16-23 jaar-ans

1	Jun 16-17	Cheaitli Hatem	Pat's Activity Center Bazel	83,50	85,00	23
2	Jun 20-23	Lebbe Kevin	Powerclub Diksmuide	77,10	77,50	22
3	Jun 20-23	D'Haenen Kenny	Powerclub Diksmuide	65,90	67,50	21
4	Jun 20-23	Tancre Kevin	Powerclub Diksmuide	99,60	100,00	17
5	Jun 20-23	Boersmans Niels	Pat's Activity Center Bazel	87,90	90,00	15
6	Jun 18-19	Coolen Cedric	sanitas sport wichelen	82,90	85,00	12
7	Jun 20-23	Vercruyce John	Powerclub Diksmuide	120,60	122,50	7
8	Jun 20-23	De Wit Brandon	Powerclub Diksmuide	75,20	77,50	2

Heren-Hommes Seniors

1	Seniors	Roels Tom	Sanitas Sport Wichelen	68,10	70,00	30
2	Seniors	Van Ingelgem Sam	Pat's Activity Center Bazel	80,50	82,50	26
3	Seniors	Bethuyn Jeroen	Powerclub Diksmuide	76,40	77,50	25
4	Vet 40-44	Boland Darren	Sanitas Sport Wichelen	64,40	65,00	21
5	Seniors	Dequidt Ringo	Powerclub Diksmuide	93,60	95,00	20
6	Vet 45-49	Pyck Dario	Sanitas Sport Wichelen	81,00	82,50	20
7	Seniors	Romdane Wahid	Powerclub Diksmuide	89,10	90,00	14
8	Seniors	Derycke Frederik	Powerclub Diksmuide	90,80	92,50	8
9	Seniors	De Ruyter Bjorn	Powerclub Diksmuide	90,00	90,00	8