



NATIONAL  
AMATEUR  
BODY  
BUILDERS  
ASSOCIATION



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**Uitslag Belgisch Kampioenschap Bench Press 2015**  
**Resultats Championnat De Belgique Bench Press 2015**

**Diksmuide 26/04/2015**

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	Cat.	Naam	Club	L.G.	Coëf.	1	2	3	4	B.P.	Ptn.
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**Dames Seniors**

1	Jun 20-23	Dhulster Leen	Powerclub Diksmuide	79,1	0,6382	80,0	85,0	87,5		85,0	54,25
2	Seniors	Coussee Evelyne	Powerclub Diksmuide	91,4	0,5801	55,0	60,0	60,0		55,0	31,91
3	Jun 13-15	Migom Sarah Lynn	Powerclub Diksmuide	82,3	0,6203	30,0	35,0	37,5	40,0	37,5	23,26

**Heren-Hommes Juniors 16-23 jaar-ans**

1	Jun 16-17	Debaillie Tibo	Powerclub Diksmuide	109,4	0,5372	135,0	140,0	145,0		145,0	77,89
2	Jun 16-17	Tolga Ahmed	Pat's Activity Center Bazel	87,0	0,5978	125,0	130,0	135,0		125,0	74,73
3	Jun 20-23	Migom Nathan	Powerclub Diksmuide	85,4	0,6050	115,0	120,0	120,0		120,0	72,60
4	Jun 18-19	Fardin Faizi	Pat's Activity Center Bazel	78,5	0,6418	160,0	160,0	160,0		0,0	0,00

**Heren Veteranen-Vétérans 40-74 jaar-ans**

1	Vet 50-54	Gheldof Marcel	Sanitas Sport Wichelen	106,7	0,5410	180,0	190,0	190,0		190,0	102,79
2	vet 40-42	Boland Darren	Sanitas Sport Wichelen	64,9	0,7524	110,0	115,0	121,0		115,0	86,53
3	Vet 65-69	Mercier Raymond	Powerclub Diksmuide	89,1	0,5889	115,0	122,5	125,0		122,5	72,14
4	Vet 70-74	Kerwyn Herve	Powerclub Diksmuide	82,2	0,6209	105,0	110,0	113,5	115,0	112,5	69,85

**Seniors**

1	Seniors	Bakeland Benony	Powerclub Diksmuide	81,5	0,6246	125,0	132,5	135,0		135,0	84,32
2	Seniors	Roels Tom	Sanitas Sport Wichelen	68,2	0,7192	105,0	112,5	117,5		112,5	80,91
3	Seniors	Bethuyne Jeroen	Powerclub Diksmuide	77,7	0,6467	125,0	135,0	135,0		125,0	80,84
4	Seniors	Derycke Frederik	Powerclub Diksmuide	88,3	0,5922	127,5	130,0	132,5		132,5	78,47
5	Seniors	De Gruyter Bjorn	Powerclub Diksmuide	90,5	0,5834	125,0	132,0	140,0		125,0	72,93
6	Seniors	De Smet Samuel	Gym Ysebaert Geraardsbergen	67,4	0,7268	85,0	90,0	92,5		92,5	67,23
7	Seniors	Bossu Bjorn	Powerclub Diksmuide	114,4	0,5319	100,0	105,0	110,0		110,0	58,51

**Seniors Internationales - Internationaux**

1	Int Vet 45-49	Bakeland Anthony	Powerclub Diksmuide	102,5	0,5485	190,0	205,0	215,0		215,0	117,93
2	Inters	Van Den Abbeele Tim	Sanitas Sport Wichelen	64,2	0,7602	125,0	130,0	140,0		130,0	98,83

**Beste Bench Press Dames**

1	Jun 20-23	Dhulster Leen	Powerclub Diksmuide	79,1	0,6382	80,0	85,0	87,5		85,0	54,25
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**Beste Bench Press Heren**

1	Int Vet 45-49	Bakeland Anthony	Powerclub Diksmuide	102,5	0,5485	190,0	205,0	215,0		215,0	117,93
2	Vet 50-54	Gheldof Marcel	Sanitas Sport Wichelen	106,7	0,5410	180,0	190,0	190,0		190,0	102,79
3	Inters	Van Den Abbeele Tim	Sanitas Sport Wichelen	64,2	0,7602	125,0	130,0	140,0		130,0	98,83

**Juryleden**

Bakeland Anthony	Mercier Raymond	Mariën Chris	Claus Geert
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**Volgende Wedstrijden:**

18.10.2015	Dead Lift + Open contest Bench Press	Diksmuide
22.11.2015	Totaal	Bazel

