



**NATIONAL  
AMATEUR  
BODY  
BUILDING  
ASSOCIATION**



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**Uitslag Bench Press Maximum Reps 2014  
Résultats Bench Press Maximum Reps 2014**

**Diksmuide 27/04/2014**

Reeks:	Naam:	Club:	L.G.	Gewicht	Reps:
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**Dames Seniors**

1	Jun 18-19	Guylinck Sofy	Powerclub Diksmuide	50,10	27,50	32
2	Jun 20-23	Vandecasteele Ranya	Powerclub Diksmuide	78,70	40,00	18
3	Vet 50-54	Timmermans Annie	Powerclub Diksmuide	58,90	30,00	16

**Heren-Hommes Juniors 13-23 jaar-ans**

1	Jun 20-23	Kaya Mike	Gym Ysebaert Geraardsbergen	51,00	52,50	38
2	Jun 20-23	Roels Tom	Sanitas Sport Wichelen	66,40	67,50	30
3	Jun 18-19	Bakeland Brecht	Powerclub Diksmuide	82,00	82,50	20
4	Jun 20-23	Migom Nathan	Powerclub Diksmuide	81,70	82,50	13
5	Jun 20-23	Willems Anthon	Powerclub Diksmuide	69,80	70,00	13
6	Jun 16-17	Degraeve Doran	Powerclub Diksmuide	88,70	90,00	10
7	Jun 16-17	Migom Levi	Powerclub Diksmuide	108,50	110,00	10
8	Jun 13-15	Debergh Henri	Powerclub Diksmuide	56,20	57,50	6
9	Jun 16-17	Migom Bejamin	Powerclub Diksmuide	75,30	77,50	2

**Heren-Hommes Seniors**

1	Seniors	Bethuyne Jeroen	Powerclub Diksmuide	78,10	80,00	24+20
2	Vet 50-54	Vandecasteele Johan	Powerclub Diksmuide	85,20	87,50	24+17
3	Vet 45-49	Van De Vijver Jerry	Gym Ysebaert Geraardsbergen	89,20	90,00	18
4	Seniors	Bakeland Benony	Powerclub Diksmuide	81,80	82,50	11

**Heren-Hommes Internationales-Internationaux**

1	Int Vet 45-49	Bakeland Anthony	Powerclub Diksmuide	100,90	102,5	10
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