



NATIONAL
AMATEUR
BODY
BUILDERS
ASSOCIATION



Uitslag Belgisch Kampioenschap Totaal 2016
Resultats Championnats De Belgique Total 2016
Bazel 13 november-novembre 2016

SECRETARIAAT: Vossenbergh 44, 2200 Herentals 014/21.96.38
E-mail: info@nabba.be Website: www.nabba.be ARGENTA: BE53.9799.7850.2053

| Pl. | Cat. | Naam | Club | L.G. | Coëf. | Squat | | | | Bench Press | | | | Dead Lift | | | | Tot. | Ptn. |
|-----|------|------|------|------|-------|-------|---|---|------|-------------|---|---|------|-----------|---|---|------|------|------|
| | | | | | | 1 | 2 | 3 | B.P. | 1 | 2 | 3 | B.P. | 1 | 2 | 3 | B.P. | | |

Women Seniors

| | | | | | | | | | | | | | | | | | | | |
|---|-----------|--------------------|------------------------|------|--------|------|------|-------|-------|------|------|------|------|-------|-------|-------|-------|-------|--------|
| 1 | Jun 20-23 | D'hulster Leen | Powerclub Diksmuide | 78,2 | 0,6436 | 90,0 | 95,0 | 101,0 | 100,0 | 85,0 | 92,5 | 95,0 | 95,0 | 125,0 | 135,0 | 140,0 | 140,0 | 335,0 | 215,61 |
| 2 | Seniors | Coussée Evelyne | Powerclub Diksmuide | 97,5 | 0,5605 | 72,5 | 77,5 | 80,0 | 80,0 | 72,5 | 77,5 | 77,5 | 77,5 | 102,5 | 107,5 | 117,5 | 107,5 | 265,0 | 148,53 |
| 3 | Jun 18-19 | Vercruyssen Kaylee | Sanitas Sport Wichelen | 62,6 | 0,7789 | 20,0 | 25,0 | X | 25,0 | 30,0 | 37,5 | 42,5 | 0,0 | 50,0 | 55,0 | 60,0 | 60,0 | 85,0 | 66,21 |

Men Juniors 18 - 19 years

| | | | | | | | | | | | | | | | | | | | |
|---|-----------|------------------|-----------------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Jun 18-19 | Ak Tugrul Kaan | Pat's Activity Center Bazel | 98,7 | 0,5573 | 140,0 | 160,0 | 170,0 | 170,0 | 110,0 | 120,0 | 122,5 | 122,5 | 210,0 | 225,0 | 235,0 | 235,0 | 527,5 | 293,98 |
| 2 | Jun 18-19 | Coolen Cédric | Sanitas Sport Wichelen | 86,9 | 0,5982 | 140,0 | 147,5 | 152,5 | 152,5 | 115,0 | 125,0 | 127,5 | 125,0 | 175,0 | 190,0 | 202,5 | 202,5 | 480,0 | 287,14 |
| 3 | Jun 18-19 | Kartal Kadir | Sanitas Sport Wichelen | 119,9 | 0,5271 | 162,5 | 172,5 | 177,5 | 162,5 | 122,5 | 130,0 | 140,0 | 130,0 | 210,0 | 221,0 | X | 220,0 | 512,5 | 270,14 |
| 4 | Jun 18-19 | Rectem Zander | Pat's Activity Center Bazel | 65,6 | 0,745 | 105,0 | 115,0 | 125,0 | 125,0 | 82,5 | 87,5 | 95,0 | 87,5 | 140,0 | 145,0 | 150,0 | 150,0 | 362,5 | 270,06 |
| 5 | Jun 18-19 | Bruynseels Jordi | Pat's Activity Center Bazel | 97,5 | 0,5605 | 180,0 | 200,0 | 210,0 | 210,0 | 120,0 | 130,0 | 140,0 | 130,0 | 80,0 | X | X | 80,0 | 420,0 | 235,41 |

Men Juniors 20 - 23 years

| | | | | | | | | | | | | | | | | | | | |
|---|-----------|----------------|-----------------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Jun 20-23 | Vercruyce John | Powerclub Diksmuide | 130,0 | 0,515 | 255,0 | 265,0 | 280,0 | 280,0 | 162,5 | 170,0 | 175,5 | 170,0 | 255,0 | 265,0 | X | 265,0 | 715,0 | 368,23 |
| 2 | Jun 20-23 | Tancré Kevin | Powerclub Diksmuide | 107,4 | 0,5399 | 190,0 | 200,0 | 205,0 | 205,0 | 130,0 | 135,0 | 142,5 | 135,0 | 202,5 | 212,5 | 220,0 | 220,0 | 560,0 | 302,34 |
| 3 | Jun 20-23 | Vanhoof Niels | Pat's Activity Center Bazel | 122,8 | 0,524 | 165,0 | 165,0 | 170,0 | 170,0 | 120,0 | 120,0 | 125,0 | 125,0 | 240,0 | 255,0 | 272,5 | 272,5 | 567,5 | 297,37 |
| 4 | Jun 20-23 | De Wit Brendon | Powerclub Diksmuide | 76,2 | 0,6563 | 80,0 | 90,0 | 100,0 | 100,0 | 80,0 | 90,0 | 90,0 | 80,0 | 165,0 | 170,0 | 180,0 | 180,0 | 360,0 | 236,27 |

Men Seniors

| | | | | | | | | | | | | | | | | | | | |
|---|---------|----------------------|-----------------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Seniors | Terryn Maarten | Powerclub Diksmuide | 122,7 | 0,5241 | 220,0 | 230,0 | 235,0 | 235,0 | 135,0 | 145,0 | 155,0 | 155,0 | 245,0 | 265,0 | 270,0 | 265,0 | 655,0 | 343,29 |
| 2 | Seniors | Boermans Niels | Pat's Activity Center Bazel | 89,9 | 0,5857 | 180,0 | 192,5 | 200,0 | 192,5 | 135,0 | 140,0 | 145,0 | 145,0 | 200,0 | 215,0 | 230,0 | 230,0 | 567,5 | 332,38 |
| 3 | Seniors | De Coninck Kristof | Pat's Activity Center Bazel | 123,2 | 0,5235 | 200,0 | X | X | 200,0 | 160,0 | 170,0 | 175,0 | 170,0 | 200,0 | 240,0 | 260,0 | 260,0 | 630,0 | 329,81 |
| 4 | Seniors | van Dun Jeroen | Pat's Activity Center Bazel | 88,3 | 0,5922 | 180,0 | 195,0 | 210,0 | 195,0 | 95,0 | 105,0 | 110,0 | 105,0 | 215,0 | 225,0 | 240,0 | 240,0 | 540,0 | 319,79 |
| 5 | Seniors | De Clercq Kenneth | Sanitas Sport Wichelen | 90,4 | 0,5838 | 165,0 | 172,5 | 180,0 | 180,0 | 112,5 | 120,0 | 125,0 | 125,0 | 185,0 | 200,0 | 210,0 | 210,0 | 515,0 | 300,66 |
| 6 | Seniors | Vanbeckenvoort Joche | Pat's Activity Center Bazel | 115,8 | 0,5307 | 165,0 | 165,0 | 180,0 | 180,0 | 110,0 | 120,0 | 132,5 | 120,0 | 210,0 | 230,0 | 260,0 | 260,0 | 560,0 | 297,19 |
| 7 | Seniors | Derycke Frederik | Powerclub Diksmuide | 91,8 | 0,5786 | 165,0 | 175,0 | 180,0 | 180,0 | 137,5 | 142,5 | 147,5 | 142,5 | 175,0 | 187,5 | 187,5 | 175,0 | 497,5 | 287,85 |

Men Masters 40 - 69 years

| | | | | | | | | | | | | | | | | | | | |
|---|-----------|--------------------|-----------------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Vet 40-44 | Vermote Gianni | Powerclub Diksmuide | 99,7 | 0,5548 | 242,5 | 242,5 | 262,5 | 242,5 | 130,0 | 142,5 | 150,0 | 150,0 | 210,0 | 230,0 | 250,0 | 250,0 | 642,5 | 356,46 |
| 2 | Vet 65-69 | Van de Velde Roger | Pat's Activity Center Bazel | 76,6 | 0,6537 | 190,0 | 190,0 | X | 190,0 | 125,0 | 130,0 | 135,0 | 135,0 | 190,0 | 200,0 | 210,0 | 210,0 | 535,0 | 349,73 |
| 3 | Vet 40-44 | Boland Darren | Sanitas Sport Wichelen | 66,2 | 0,7387 | 115,0 | 122,5 | 130,0 | 122,5 | 115,0 | 125,0 | 125,0 | 125,0 | 180,0 | 196,0 | 205,0 | 205,0 | 452,5 | 334,26 |
| 4 | Vet 50-54 | Gheldof Marcel | Sanitas Sport Wichelen | 108,1 | 0,5389 | 50,0 | 80,0 | 100,0 | 100,0 | 195,0 | 205,0 | 210,0 | 210,0 | 195,0 | 205,0 | 217,5 | 217,5 | 527,5 | 284,27 |
| 5 | Vet 60-64 | Vernimmen Paul | Powerclub Diksmuide | 56,8 | 0,8613 | 100,0 | 110,0 | 110,0 | 110,0 | 50,0 | 60,0 | 70,0 | 60,0 | 137,5 | 147,5 | 155,0 | 155,0 | 325,0 | 279,92 |

Men Internationals

| | | | | | | | | | | | | | | | | | | | |
|---|---------------|---------------------|-----------------------------|------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Int Jun 20-23 | Zohrabyan Khachatur | Pat's Activity Center Bazel | 91,4 | 0,5801 | 265,0 | 280,5 | X | 280,0 | 170,0 | 170,0 | X | 170,0 | 230,0 | 250,0 | 266,0 | 250,0 | 700,0 | 406,07 |
| 2 | Int Vet 50-54 | Verbeke Beny | Powerclub Diksmuide | 89,6 | 0,5869 | 210,0 | 230,0 | 245,0 | 245,0 | 120,0 | 130,0 | 135,0 | 130,0 | 280,0 | 300,0 | 310,0 | 310,0 | 685,0 | 402,03 |
| 3 | Inters | Van den Abbeele Tim | Sanitas Sport Wichelen | 65,2 | 0,7492 | 170,0 | 180,0 | X | 180,0 | 142,5 | 148,0 | 148,0 | 147,5 | 185,0 | 195,0 | 205,0 | 195,0 | 522,5 | 391,46 |
| 4 | Inters | Fergio Janikie | Pat's Activity Center Bazel | 88,3 | 0,5922 | 180,0 | 190,0 | 210,0 | 210,0 | 160,0 | 180,0 | 180,0 | 180,0 | 180,0 | 210,0 | 240,0 | 240,0 | 630,0 | 373,09 |

Beste Totaal Dames:

| | | | | | | | | | | | | | | | | | | | |
|---|-----------|----------------|---------------------|------|--------|------|------|-------|-------|------|------|------|------|-------|-------|-------|-------|-------|--------|
| 1 | Jun 20-23 | D'hulster Leen | Powerclub Diksmuide | 78,2 | 0,6436 | 90,0 | 95,0 | 101,0 | 100,0 | 85,0 | 92,5 | 95,0 | 95,0 | 125,0 | 135,0 | 140,0 | 140,0 | 335,0 | 215,61 |
|---|-----------|----------------|---------------------|------|--------|------|------|-------|-------|------|------|------|------|-------|-------|-------|-------|-------|--------|

Beste Totaal Heren:

| | | | | | | | | | | | | | | | | | | | |
|---|---------------|---------------------|-----------------------------|------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| 1 | Int Jun 20-23 | Zohrabyan Khachatur | Pat's Activity Center Bazel | 91,4 | 0,5801 | 265,0 | 280,5 | X | 280,0 | 170,0 | 170,0 | X | 170,0 | 230,0 | 250,0 | 266,0 | 250,0 | 700,0 | 406,07 |
| 2 | Int Vet 50-54 | Verbeke Beny | Powerclub Diksmuide | 89,6 | 0,5869 | 210,0 | 230,0 | 245,0 | 245,0 | 120,0 | 130,0 | 135,0 | 130,0 | 280,0 | 300,0 | 310,0 | 310,0 | 685,0 | 402,03 |
| 3 | Inters | Van den Abbeele Tim | Sanitas Sport Wichelen | 65,2 | 0,7492 | 170,0 | 180,0 | X | 180,0 | 142,5 | 148,0 | 148,0 | 147,5 | 185,0 | 195,0 | 205,0 | 195,0 | 522,5 | 391,46 |

Juryleden:

Mariën Chris

Claus Geert

Mercier Raymond

Volgende Wedstrijden:

11-12-16

Algemene Vergadering

Herentals