



NATIONAL
AMATEUR
BODY
BUILDING
ASSOCIATION



SECRETARIAAT: Vossenbergh 44 - 2200 Herentals - Tel: 014/21.96.38 - Fax: 014/23.27.00
E-mail: info@nabba.be Website: www.nabba.be ARGENTA: 979-9785020-53

Nummer



Naam:	Van De Velde Jean Pierre
Categorie:	Heren Veteranen 55 tot 59 jaar
Club:	A.S. Tubize Power Team
Gewicht:	105

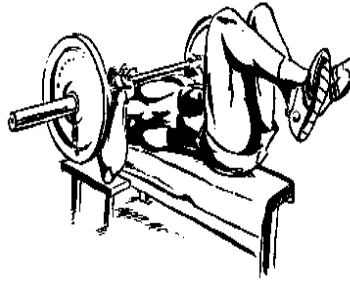


Squat

Standhoogte: _____

1	kg
2	kg
3	kg

4	kg
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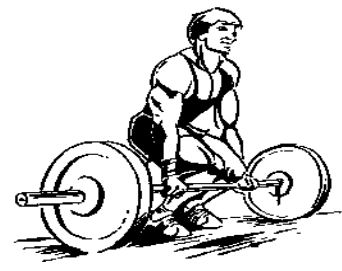


Bench Press

Met of zonder BLOKKEN *
* (schrappen wat niet past)

1	kg
2	kg
3	kg

4	kg
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Dead Lift

1	kg
2	kg
3	kg

4	kg
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