



NATIONAL  
AMATEUR  
BODY  
BUILDERS  
ASSOCIATION



Uitslag Belgisch Kampioenschap Totaal 2004  
Resultats Championnats De Belgique Total 2004  
Herentals 21 november-novembre 2004

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Pl.	Cat.	Naam	Club	L.G.	Coëf.	Squat				Bench Press				Dead Lift				=rekord	
						1	2	3	B.P.	1	2	3	B.P.	1	2	3	B.P.	Tot.	Ptn.
<b>Dames Juniors:</b>																			
1	Vet 40-44	Timmermans Annie	Body Training Philippeville	57,5	0,8500	75,0	85,0	90,0	90,0	35,0	40,0	42,5	40,0	95,0	105,0	115,0	115,0	245,0	208,25
2	Jun 20-23	Ocquet Vanessa	Powerclub Diksmuide	66,5	0,7357	30,0	40,0	50,0	40,0	50,0	55,0	57,5	55,0	70,0	85,0	90,0	90,0	185,0	136,10
3	Vet 45-49	De Haes Yolande	Marfac Gym Herentals	59,0	0,8271	35,0	40,0	42,5	42,5	25,0	30,0	32,5	30,0	52,5	57,5	62,5	62,5	135,0	111,66
<b>Dames Internationales:</b>																			
1	I. Vet 40-44	Dujardin Yveline	Body Training Philippeville	52,7	0,9368	125,0	125,0	135,0	125,0	70,0	80,0	85,0	85,0	130,0	140,0	150,0	140,0	350,0	327,88
<b>Heren Juniors:</b>																			
1	Jun 16-17	Willaert Dries	Powerclub Diksmuide	93,0	0,5744	235,0	260,0	X	260,0	120,0	130,0	135,0	130,0	240,0	260,0	270,0	260,0	650,0	373,36
2	Jun 20-23	Valkiers Bram	Marfac Gym Herentals	60,2	0,8101	72,5	80,0	90,0	90,0	55,0	60,0	65,0	65,0	122,5	130,0	140,0	140,0	295,0	238,98
3	Jun 13-15	Fuso Sandro	A.S. Tubize Power Team	74,6	0,6673	90,0	95,0	100,0	100,0	100,5	105,5	105,5	100,0	130,0	140,0	150,0	150,0	350,0	233,56
4	Jun 13-15	Van Roy Jan	Marfac Gym Herentals	60,8	0,8019	85,0	90,0	95,0	90,0	42,5	50,0	55,0	50,0	80,0	90,0	100,0	100,0	240,0	192,46
<b>Heren Veteranen:</b>																			
1	Vet 45-49	Van Roy Jean	Marfac Gym Herentals	107,0	0,5405	155,0	165,0	170,0	170,0	110,0	120,0	120,0	110,0	190,0	205,0	215,0	215,0	495,0	267,55
2	Vet 55-59	Mercier Raymond	Powerclub Diksmuide	94,4	0,5697	105,0	115,0	X	105,0	130,0	135,0	137,5	137,5	120,0	140,0	160,0	160,0	402,5	229,30
3	Vet 65-69	Theyssens Martin	Body Fit Turnhout	89,7	0,5865	120,0	130,0	140,0	140,0	40,0	60,0	80,0	80,0	40,0	80,0	120,0	120,0	340,0	199,41
4	Vet 50-54	Sleecx Stan	Marfac Gym Herentals	92,8	0,5751	90,0	95,0	100,0	100,0	70,0	75,0	80,0	80,0	110,0	115,0	120,0	120,0	300,0	172,53
<b>Heren Seniors:</b>																			
1	Seniors	Baetens Gunter	Marfac Gym Herentals	89,1	0,5889	147,5	152,5	157,5	152,5	132,5	137,5	142,5	142,5	165,0	175,0	180,0	180,0	475,0	279,73
2	Seniors	Stoops Jozef	Marfac Gym Herentals	90,0	0,5853	107,5	125,0	132,5	132,5	110,0	117,5	117,5	117,5	170,0	185,0	190,0	185,0	435,0	254,61
<b>Beste Totaal Dames:</b>																			
1	I. Vet 40-44	Dujardin Yveline	Body Training Philippeville	52,7	0,9368	125,0	125,0	135,0	125,0	70,0	80,0	85,0	85,0	130,0	140,0	150,0	140,0	350,0	327,88
<b>Beste Totaal Heren:</b>																			
1	Jun 16-17	Willaert Dries	Powerclub Diksmuide	93,0	0,5744	235,0	260,0	X	260,0	120,0	130,0	135,0	130,0	240,0	260,0	270,0	260,0	650,0	373,36
2	Seniors	Baetens Gunter	Marfac Gym Herentals	89,1	0,5889	147,5	152,5	157,5	152,5	132,5	137,5	142,5	142,5	165,0	175,0	180,0	180,0	475,0	279,73
3	Vet 45-49	Van Roy Jean	Marfac Gym Herentals	107,0	0,5405	155,0	165,0	170,0	170,0	110,0	120,0	120,0	110,0	190,0	205,0	215,0	215,0	495,0	267,55

**Juryleden:**

Mariën Chris  
Mercier Chris

Lanotte Jean Claude

Claus Geert

**Volgende Wedstrijden:**

05-12-04

Algemene Vergadering

Herentals