



**NATIONAL  
AMATEUR  
BODY  
BUILDING  
ASSOCIATION**



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**Résultats OPEN CONTEST Bench Press Novembre 2010**

**Herentals 21/11/2010**

[Green Box] = RECORD

	Cat.	Naam	Club	L.G.	Coéf.	1	2	3	4	B.P.	Ptn.
<b>Dames Seniors</b>											
1	Seniors	Courteyn Peggy	Sanitas Sport Wichelen	79,7	0,6347	90,0	100,0	106,5		100,0	63,47
2	Seniors	Van Den Abbeele Sofie	Sanitas Sport Wichelen	47,0	1,0742	35,0	40,0	40,0		40,0	42,97
3	Vet 40-44	Steffen Myriam	Sanitas Sport Wichelen	42,3	1,2245	27,5	32,5	35,0		35,0	42,86
4	Jun 18-19	Vandecasteele Ranya	Powerclub Diksmuide	74,5	0,6680	55,0	60,0	62,5		60,0	40,08
5	Seniors	Verhenne Magdalena	Powerclub Diksmuide	62,3	0,7826	47,5	52,5	52,5		47,5	37,17

<b>Dames Internationales - Internationaux</b>											
1	I.Jun.18-19	Wuyts Helen	Gilbert's Gym Turnhout	55,5	0,8835	80,0	85,0	85,0		85,0	75,10

<b>Heren - Hommes Juniors 13 - 17 jaar - ans</b>											
1	Jun 16-17	Heyvaert Vincent	Human Nature Sport Lebbeke	69,1	0,7110	102,5	110,0	112,5		112,5	79,99
2	Jun 16-17	Peeters Alan	Gilbert's Gym Turnhout	72,5	0,6828	100,0	112,5	115,0		115,0	78,52
3	Jun 16-17	Boeve Robin	Powerclub Diksmuide	60,5	0,8060	80,0	85,0	87,5		85,0	68,51
4	Jun 16-17	Buyle Miguel	Sanitas Sport Wichelen	64,8	0,7535	75,0	80,0	85,0		85,0	64,05
5	Jun 13-15	Triest Glenn	Sanitas Sport Wichelen	64,4	0,7580	60,0	65,0	70,0		70,0	53,06

<b>Heren - Hommes Juniors 18 - 23 jaar - ans</b>											
1	Jun 20-23	Colianni Ricardo	A.S. Tubize Power Team	73,6	0,6745	137,5	143,0	145,5		142,5	96,12
2	Jun 18-19	Amaradio Salvatore	A.S. Tubize Power Team	69,3	0,7092	125,0	130,5	133,0		130,0	92,20
3	Jun 20-23	Gotajner David	Human Nature Sport Lebbeke	63,8	0,7647	110,0	115,0	115,0		110,0	84,12
4	Jun 20-23	Roels Tom	Sanitas Sport Wichelen	66,4	0,7367	100,0	107,5	110,0		107,5	79,20
5	Jun 20-23	De Loore Youri	Powerclub Diksmuide	108,2	0,5388	140,0	140,0	165,0		140,0	75,43
6	Jun 20-23	Descan Kevin	Powerclub Diksmuide	63,0	0,7741	80,0	85,0	87,5		87,5	67,73
7	Jun 20-23	Gregoire Mathieu	Sanitas Sport Wichelen	93,8	0,5717	100,0	105,0	110,0		110,0	62,89
8	Jun 20-23	Monsieur Steven	Human Nature Sport Lebbeke	68,9	0,7128	75,0	85,0	87,5		87,5	62,37
9	Jun 20-23	Van Den Abbeele Kevin	Sanitas Sport Wichelen	58,2	0,8391	62,5	70,0	80,0		70,0	58,74
10	Jun 18-19	Carlé Kenneth	Sanitas Sport Wichelen	66,7	0,7337	75,0	80,0	85,0		80,0	58,70

<b>Heren - Hommes Veteranen - Vétérans 40 - 44 jaar - ans</b>											
1	Vet 40-44	Bakeland Anthony	Powerclub Diksmuide	96,2	0,5642	175,0	190,0	190,0		190,0	107,20
2	Vet 40-44	Janssen Geert	Gilbert's Gym Turnhout	87,0	0,5978	130,0	140,0	140,0		140,0	83,69
3	Vet 40-44	Triest Thierry	Sanitas Sport Wichelen	65,6	0,7450	70,0	80,0	90,0		80,0	59,60

<b>Heren - Hommes Veteranen - Vétérans 45 - 74 jaar - ans</b>											
1	Vet 45-49	Vandecasteele Johan	Powerclub Diksmuide	81,9	0,6224	167,5	172,5	172,5		167,5	104,25
2	Vet 45-49	Gheldof Marcel	Sanitas Sport Wichelen	102,0	0,5495	170,0	180,0	185,5		180,0	98,91
3	Vet 50-54	Krikilion Dirk	Sanitas Sport Wichelen	70,6	0,6980	113,0	118,0	120,5		120,0	83,76
4	Vet 45-49	Heyvaert Hedwig	Human Nature Sport Lebbeke	89,3	0,5881	117,5	125,0	132,5		125,0	73,51
5	Vet 70-74	Theyssens Martijn	Gilbert's Gym Turnhout	86,4	0,6004	115,0	115,0	120,0		115,0	69,05

<b>Heren - Hommes Seniors</b>											
1	Seniors	Bilican Orhan	Human Nature Sport Lebbeke	110,0	0,5365	245,0	,0	,0		245,0	131,44

2	Seniors	Houbracken Kim	Sanitas Sport Wichelen	67,8	0,7230	125,0	132,5	135,0		135,0	97,61
3	Seniors	Courteyn Ronny	Sanitas Sport Wichelen	98,0	0,5591	125,0	135,0	142,5		142,5	79,67
4	Seniors	Koeckx David	A.S. Tubize Power Team	66,5	0,7357	90,0	95,0	100,0		100,0	73,57
5	Seniors	Bruyneel Franky	Sanitas Sport Wichelen	92,0	0,5779	80,0	100,0	120,0		120,0	69,35
6	Seniors	De Pauw Johan	Powerclub Diksmuide	81,2	0,6262	100,0	110,0	,0		110,0	68,88
7	Seniors	Claus Geert	Sanitas Sport Wichelen	90,6	0,5830	85,0	100,0	,0		100,0	58,30
8	Seniors	Boland Darren	Sanitas Sport Wichelen	66,5	0,7357	70,0	75,0	77,5		77,5	57,02

#### Heren - Hommes Internationales - Internationaux

1	I.Jun 20-23	Van Den Abbeele Tim	Sanitas Sport Wichelen	62,6	0,7789	125,0	135,0	140,5		140,0	109,05
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#### Beste - Meilleur résultat Bench Press Dames

1	I.Jun.18-19	Wuyts Helen	Gilbert's Gym Turnhout	55,5	0,8835	80,0	85,0	85,0		85,0	75,10
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#### Beste - Meilleurs résultats Bench Press Heren - Hommes

1	Seniors	Bilican Orhan	Human Nature Sport Lebbeke	110,0	0,5365	245,0	,0	,0		245,0	131,44
2	I.Jun 20-23	Van Den Abbeele Tim	Sanitas Sport Wichelen	62,6	0,7789	125,0	135,0	140,5		140,0	109,05
3	Vet 40-44	Bakeland Anthony	Powerclub Diksmuide	96,2	0,5642	175,0	190,0	190,0		190,0	107,20

#### Juryleden

Mercier Raymond	Van De Velde Jean Pierre	Mariën Chris
Mercier Chris	Claus Geert	

#### Volgende Wedstrijden:

05.12.2010	Algemene vergadering	Herentals
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