



**NATIONAL
AMATEUR
BODY
BUILDING
ASSOCIATION**



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**Uitslag Bench Press Maximum Reps 2010
Résultats Bench Press Maximum Reps 2010**

Herentals 25/04/2010

Reeks:	Naam:	Club:	L.G.	Gewicht	Reps:
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Dames Seniors

1	Seniors	Courteyn Peggy	Sanitas Sport Wichelen	81,00	42,50	38
2	Seniors	Verhenne Magdalena	Powerclub Diksmuide	63,00	32,50	28
3	Seniors	Van Den Abbeele Sofie	Sanitas Sport Wichelen	48,00	25,00	26
4	Jun 16-17	Van Kerckhoven Sofie	Sanitas Sport Wichelen	39,70	20,00	21
5	Jun 16-17	Vandecasteele Ranya	Powerclub Diksmuide	70,10	37,50	19
6	Seniors	Verkin Sabrina	Powerclub Diksmuide	67,50	35,00	4

Heren-Hommes Juniors 16-17 jaar-ans

1	Jun 16-17	Amaradio David	A.S. Tubize Power Team	63,00	65,00	24
2	Jun 16-17	Peeters Alan	Gilbert's Gym Turnhout	67,20	67,50	16
3	Jun 16-17	Buyle Miguel	Sanitas Sport Wichelen	60,90	62,50	12

Heren-Hommes Juniors 18-19 jaar-ans

1	Jun 18-19	Roels Tom	Sanitas Sport Wichelen	67,70	70,00	27
2	Jun 18-19	Carlé Kenneth	Sanitas Sport Wichelen	63,70	65,00	10
3	Jun 18-19	Hertsen Uwe	Powerclub Diksmuide	92,20	92,50	3

Heren-Hommes Juniors 20-23 jaar-ans

1	Jun 20-23	Colianni Ricardo	A.S. Tubize Power Team	71,90	72,50	28
2	Jun 20-23	Gotajner David	Human Nature Sport Lebbeke	62,60	65,00	21
3	Jun 20-23	Herreman Timothy	Powerclub Diksmuide	63,70	65,00	16
4	Jun 20-23	Descan Kevin	Powerclub Diksmuide	62,40	62,50	11
5	Jun 20-23	Van Den Abbeele Kevin	Sanitas Sport Wichelen	57,80	60,00	9
6	Jun 20-23	Gregoire Mathieu	Sanitas Sport Wichelen	91,70	92,50	8

Heren-Hommes Veteranen 40-44 jaar-ans

1	Vet 40-44	Bakeland Anthony	Powerclub Diksmuide	92,70	95,00	19
2	Vet 40-44	Janssen Geert	Gilbert's Gym Turnhout	85,40	87,50	18
3	Vet 40-44	Gheldof Marcel	Sanitas Sport Wichelen	100,50	102,50	16
4	Vet 40-44	Stoops Jozef	Marfac Gym Herentals	97,90	100,00	14

Heren-Hommes Veteranen 45-59 jaar-ans

1	Vet 45-49	Vandecasteele Johan	Powerclub Diksmuide	80,40	82,50	25
2	Vet 55-59	Verhofstadt Johnny	Human Nature Sport Lebbeke	104,20	105,00	16
3	Vet 55-59	Delplancke Edmond	Powerclub Diksmuide	92,90	95,00	8

Heren-Hommes Seniors

1	Seniors	Houbracken Kim	Sanitas Sport Wichelen	68,40	70,00	29+22
2	Seniors	Bilican Orhan	Human Nature Sport Lebbeke	113,40	115,00	29+21
3	Seniors	Ballon Guy	Human Nature Sport Lebbeke	93,70	95,00	17
4	Seniors	D'Hollander Gert	Human Nature Sport Lebbeke	87,30	87,50	16
5	Seniors	Courteyn Ronny	Sanitas Sport Wichelen	94,20	95,00	15
6	Seniors	De Martelaer Pieter	Sanitas Sport Wichelen	81,80	82,50	14
7	Seniors	Kempenaers Michel	Marfac Gym Herentals	69,20	70,00	13
8	Seniors	Klint Samuel	Sanitas Sport Wichelen	75,30	77,50	13
9	Seniors	De Martelaer Floris	Sanitas Sport Wichelen	79,10	80,00	3
10	Seniors	Verbeke Gert	Human Nature Sport Lebbeke	93,30	95,00	1

Heren-Hommes Internationalen-Internationaux

1	Int. Jun 20-23	Van Den Abbeele Tim	Sanitas Sport Wichelen	62,80	65,00	28
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