



NATIONAL
AMATEUR
BODY
BUILDING
ASSOCIATION



SECRETARIAAT: Vossenbergh 44 - 2200 Herentals - Tel: 014/21.96.38 - Fax: 014/23.27.00

E-mail: info@nabba.be

Website: www.nabba.be

ARGENTA: 979-9785020-53

Uitslag Bench Press Maximum Reps 2009
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Herentals 26/04/2009

Reeks:	Naam:	Club:	L.G.	Gewicht	Reps:
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Dames Seniors

1	Seniors	Courteyn Peggy	Sanitas Sport Wichelen	79,10	40,0	46
2	Seniors	Guilleman Christel	Powerclub Diksmuide	69,50	35,0	31
3	Seniors	Van Den Abbeele Sofie	Sanitas Sport Wichelen	49,30	25,0	26
4	Seniors	Verhenne Magdalena	Powerclub Diksmuide	61,70	32,5	23
5	Jun 13-15	Bakeland Astrijd	Powerclub Diksmuide	55,50	30,0	13

Dames Internationales

1	Int. Jun 16-17	Wuyts Helen	Gilbert's Gym Turnhout	58,10	30,0	50
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Heren-Hommes Juniors 13-15 jaar-ans

1	Jun 13-15	Amaradio David	A.S. Tubize Power Team	64,30	65,0	21
2	Jun 13-15	Buyle Miguel	Sanitas Sport Wichelen	56,60	57,5	11
3	Jun 13-15	Pylyser Nick	Powerclub Diksmuide	51,30	52,5	10

Heren-Hommes Juniors 16-17 jaar-ans

1	Jun 16-17	Taeymans Vincent	Marfac Gym Herentals	63,10	65,0	19
2	Jun 16-17	Maertens Thomas	A.C. Godderis Kortemark	72,20	72,5	16
3	Jun 16-17	Krikilion Ulf	Sanitas Sport Wichelen	63,80	65,0	15

Heren-Hommes Juniors 18-19 jaar-ans

1	Jun 18-19	Amaradio Salvatore	A.S. Tubize Power Team	67,40	67,5	27
2	Jun 18-19	Roels Tom	Sanitas Sport Wichelen	66,90	67,5	25
3	Jun 18-19	Kellner Benny	Powerclub Diksmuide	85,20	87,5	15

Heren-Hommes Juniors 20-23 jaar-ans

1	Jun 20-23	Colianni Ricardo	A.S. Tubize Power Team	70,20	72,5	25
2	Jun 20-23	Van Hirtum Edwin	A.S. Tubize Power Team	83,50	85,0	18
3	Jun 20-23	De Reuse Benny	Powersport Lebbeke	75,40	77,5	17
4	Jun 20-23	Horemans Tom	Marfac Gym Herentals	93,30	95,0	16
5	Jun 20-23	Vranken Dimitri	Marfac Gym Herentals	81,20	82,5	13
6	Jun 20-23	Descan Kevin	Powerclub Diksmuide	61,60	62,5	12
7	Jun 20-23	Kempenaers Michel	Marfac Gym Herentals	73,50	75,0	10
8	Jun 20-23	Van Springel Bart	Gilbert's Gym Turnhout	77,80	80,0	5
9	Jun 20-23	Gregoire Mathieu	Sanitas Sport Wichelen	90,40	92,5	4

Heren-Hommes Veteranen 40-44 jaar-ans

1	Vet 40-44	Bakeland Anthony	Powerclub Diksmuide	83,20	85,0	21
2	Vet 40-44	Gheldof Marcel	Sanitas Sport Wichelen	98,80	100,0	17
3	Vet 40-44	Janssen Geert	Gilbert's Gym Turnhout	85,90	87,5	16
4	Vet 40-44	Stoops Jozef	Marfac Gym Herentals	95,20	97,5	13

Heren-Hommes Veteranen 45-59 jaar-ans

1	Vet 45-49	Krikilion Dirk	Sanitas Sport Wichelen	74,70	75,0	26
2	Vet 45-49	Vandecasteele Johan	Powerclub Diksmuide	83,20	85,0	25
3	Vet 50-54	Verhofstadt Johny	Powersport Lebbeke	99,50	100,0	17
4	Vet 50-54	Lippens Rudy	Sanitas Sport Wichelen	97,70	100,0	14
5	Vet 55-59	Delplancke Edmond	Powerclub Diksmuide	89,20	90,0	9

Heren-Hommes Seniors

1	Seniors	Houbracken Kim	Sanitas Sport Wichelen	68,80	70,0	29
2	Seniors	Courteyn Ronny	Sanitas Sport Wichelen	94,20	95,0	17
3	Seniors	De Ridder Mitch	Powersport Lebbeke	65,80	67,5	16
4	Seniors	Dens Kirsten	Marfac Gym Herentals	81,40	82,5	15
5	Seniors	Vanoverschelde Jody	Powerclub Diksmuide	107,50	107,5	11